



## Educational & Social

### FoodSafe - Level 1

The FoodSafe Training Program teaches safe food handling procedures to students, workers, supervisors and operators in the food services industry. Participants receive a FoodSafe Certificate upon successful completion of the course. Certification is required to work in restaurants, school cafeterias and food fairs. Certificate does not expire. Please bring a snack and/or lunch. This is a full-day course. Visit: [www.foodsafe.ca](http://www.foodsafe.ca) for more information.

**12-18 yrs Rick Palliardi**

35410.101MO \$70/1 sess  
Feb 27 Sa 9:00am-5:00pm

### Youth - Karaoke

This is a program for new immigrant youths. A fun way for them to learn English and singing. MOCA \$3 youth membership is required for participation. No class on Feb 12.

**13-18 yrs**

31001.101MO FREE with MOCA membership  
Feb 5-Mar 26 F 6:00pm-8:00pm



### Youth Night

Nothing to do on Friday night? Come hang out at Marpole Community Centre with other youth (13-18 years). Play video games, board games and other organized activities. Bring your friends and bring your ideas for future activities.

**13-18 yrs**

35801.101MO FREE with MOCA membership  
Jan 8-Mar 26 F 6:00pm-7:45pm

## Leadership

### Duke of Edinburgh Award

The Duke of Edinburgh Award is an internationally recognized leadership program that encourages youth to challenge themselves in a fun, active environment. Participants must be self motivated and able to work independently to complete the four components of this program; Service, Skill, Physical Fitness and Expedition. The fee includes a Duke of Edinburgh Award Log book. All books ordered on-line will need to be picked up from Marpole-Oakridge Community Centre. For more information contact 604-718-5879.

**14-17 yrs**

35401.101MO \$27

### Volunteer Training

Marpole-Oakridge Community Centre has an extensive youth volunteer program for students in our community. Complete CAPP, CASS hours or increase your experience for your resume or portfolio. Training for volunteer positions are held every season. Please note, due to the time and resources required to screen and train volunteers, absolutely no applications are accepted from individuals after the application deadline or from those who have not attended the training. Please register early, spaces are limited.

**13-17 yrs George Hui**

35501.101MO \$6/4 sess  
Feb 19-Mar 12 F 4:30pm-6:00pm

**Marpole Community Day**  
Saturday June 5  
11:00am-3:00pm

Join us in a community celebration of free rides, entertainment, stage performances, games, community tables, silent auction and more.

For more information on becoming a sponsor, partner, or volunteer, please contact: Ian Su 604-257-8176  
[ian.su@vancouver.ca](mailto:ian.su@vancouver.ca)

**Suggestion Box**

If you have any ideas of Youth Programs or Out-Trips, drop by or visit the Youth Room and share your ideas.



## MOCA Youth Snack Bar

Snack & beverages offered:

Monday-Thursday 3:15 pm-5:45 pm

Friday 2:00 pm-7:30 pm

Saturday 9:30 am-1:00 pm  
schedule subject to change.



## Sports & Fitness

### Youth Weight Training

For guys and girls who want to learn how to get strong and have some fun.

34010.101MO      FREE with MOCA membership  
Feb 2-Feb 18      Th      5:00pm-5:45pm

### Basketball for Boys

The Developmentally Challenged Youth Basketball Association (DCYBA) promotes and supports the development of youth with developmental challenges through basketball. Males 14-25 years old are welcome to join. Learn to play in a non-competitive and fun environment. Contact Ann Carr at 604-228-9527 or visit [www.dcyba.org](http://www.dcyba.org).

**14-25 yrs Ann Carr**  
36650.101MO      \$15/13 sess  
Jan 5-Mar 30      Tu      7:00pm-9:00pm

### Open Gym

Both boys and girls are welcome to drop-in and shoot hoops. MOCA \$3 youth membership is required to be in the gym. No gym on Feb 12.

**13-18 yrs**  
33020.101MO      FREE with MOCA membership  
or Drop-in \$1  
Jan 8-Mar 26      F      2:00pm-3:30pm

### Youth Basketball

Boys and girls are welcome to drop-in and shoot hoops. All games are half-court and self-organized. No full-court games. No adults.

**13-18 yrs**  
33021.101MO      \$13/11 sess; Drop-in \$2  
Jan 9-Mar 20      Sa      2:00pm-3:45pm

### Youth Badminton

Bring a friend and have fun playing in a noncompetitive environment. All skill levels welcome. Please bring your own racquet. No class Feb 12.

**13-18 yrs**  
33004.101MO      \$24/11 sess; Drop-in \$3  
Jan 8-Mar 26      F      3:45pm-5:45pm



## Youth Room Hours 12-18 yrs

Community Youth Worker: **George Hui**



<b>MONDAY</b>	3:15-5:45 pm
<b>TUESDAY</b>	3:15-5:45 pm
<b>WEDNESDAY</b>	3:15-5:45 pm
<b>THURSDAY</b>	3:15-5:45 pm
<b>FRIDAY</b>	12:30-2:00 pm (Gr. 5-7 only)
	2:00-7:30 pm
<b>SATURDAY</b>	11:00am-3:45 pm

### JUNIOR YOUTH COUNCIL GRADES 6 & 7

Members of the Junior Youth Council will help plan and organize special events. This is a great opportunity to meet new friends and learn valuable leadership skills. When: 1st and 3rd Friday of each month.

Time: 1:00pm-2:00pm

### SENIOR YOUTH COUNCIL GRADES 8-12

Members of the Senior Youth Council plan special events, operate a youth-run snack bar, help with the supervision of the youth room, strengthen their leadership skills and participate in community service activities. This is a great opportunity to meet new people and gain valuable leadership experience. When: every Thursday Time: 4:00pm-5:00pm